

The following schedule of visits, activities, and excursions is subject to change and substitution. In order for you to get the most out of the lectures and hands-on experience, you should be at least a low-intermediate level Spanish speaker (approximately 3 semesters of Spanish in college, or 2 years of high school Spanish). If you are currently at a level below low intermediate, you may still apply, but we strongly recommend that you also register for at least an additional 2 weeks of classes prior to the start of the SALUD program.

Although clinical observation experiences tend to be mostly shadowing, they may vary from strictly observational/shadowing to more hands on. The amount of hands on work you do during your clinical observation component will depend on your current language and medical skills as well as the organization's needs and your ability to integrate. **It is important to remember that you are not licensed in the host country.**

Note: The school offers dance classes and other cultural activities each week for all participants in addition to the schedule below.

Week #1

Sunday

Airport pick up and transfer to homestay or residence. Your host family will be at the airport. If you chose the residence option, a representative from the residence will greet you.

Monday

07:45	Placement Test
08:30-12:30	Spanish Classes (group)
12:45-14:00	Walking Tour of Heredia
14:30-15:30	Introduction workshop

Tuesday

08:30-12:30	Spanish Classes (group)
12:30	Lunch Break and afternoon activities
15:00-17:00	Spanish medical terminology classes (private)

Wednesday

08:30-12:30	Spanish Classes (group)
12:30-14:15	Lunch Break and afternoon activities
14:30	Lecture with doctor

Thursday

08:30-12:30	Spanish Classes (group)
12:30	Lunch Break and afternoon activities
15:00-17:00	Spanish medical terminology classes (private)

Friday

08:30-12:30	Spanish Classes (group)
12:30	Lunch Break and afternoon activities

Saturday - Sunday

Free weekend. Excursions organized most weekends by school. A staff member goes along. Cost \$50-\$180. Most common destinations - Manuel Antonio Beach and National Park, Arenal volcano, Cahuita/Limon Caribbean beaches, Monteverde cloud forest. Tortuguero is \$165, one night, including rafting or aerial tram.

Week #2

Monday

08:30-12:30	Spanish Classes (group)
12:30	Lunch Break and afternoon activities

Tuesday

08:30-12:30	Spanish Classes (group)
12:30	Lunch Break and afternoon activities
14:30	Spanish medical terminology classes (private)

Wednesday

08:30-12:30 Spanish Classes (group)
12:30 Lunch Break and afternoon activities
15:00-17:00 Site visit to hospital or clinic OR lecture

Thursday

08:30-12:30 Spanish Classes (group)
12:30-14:30 Lunch Break
15:00-17:00 Spanish medical terminology classes (private)

Friday

08:30-12:30 Spanish Classes (group)
12:30 Lunch Break and afternoon activities

Saturday-Sunday

Free weekend.

Week #3

Monday - Friday

Clinical observation 35-40 hours/week

Saturday - Sunday

Free weekend

Week #4

Monday - Friday

Clinical observation 35-40 hours/week

Saturday - Sunday

Free weekend

Saturday

Depart Program (make your own way to the airport). Please note, you can add on additional weeks placement and lodging if so desired.

Getting There:

Participants are responsible for their own transportation to San Jose. We recommend eXito Travel (http://www.amerispan.com/study_abroad_airfare.asp). Upon arriving to San Jose, you'll be picked up and taken to your host family or residence. Students should plan to arrive on Sunday, and depart on Saturday. If participants need to arrive a few days earlier or stay a few days later, this is possible at an additional cost.

Re-Cap of What's Included:

- 4 weeks lodging in host family, half board
- 2 weeks of 20 hours Group Spanish Classes
- 8 hours Private Medical Spanish class
- Orientation tour & materials
- 2 Healthcare related lectures or site visits
- 2 week clinical observation placement
- Emergency Message Service
- Travel Assistance Program
- Airport pick-up

Suggested Donations (optional):

- Gloves
- Hair Nets
- Booties
- Sterile Gauze Pads
- Band-Aids
- Stethoscopes
- Suture Kits
- Gowns
- LP Kits
- Used Eyeglasses
- Vitamins (like Centrum multi-vitamins)
- Aspirin, Ranitidine or other non-prescription drugs (small amounts)

Required Wardrobe:

- Scrubs or white lab coat
- Stethoscope

**** Itinerary subject to change ****